

imageStation

illuminatingPossibilities

An Image Consultant and Trainer for You!

Welcome to imageStation! I'm Veena Manavalli, Director of imageStation, a full service Image Consulting and Coaching firm based out of Bangalore. I have a holistic approach to the field of image consulting, life skills training and adept at Image Makeovers, improving communication skills, enriching personal growth, motivation, and producing wanted results in individuals and enterprise teams for personal and professional growth. The goal is to help build a personal brand image, impart training to bring out a unique personal essence, that reflects all the brilliance of individuals and teams – illuminatingPossibilities!

I have more than 14 years of experience in the financial services industry, predominantly as a Marketing Consultant at LIC. A passion to be a phenomenal force in the image consulting, fashion, and personal etiquettes and presentation fields, I'm a trained, certified consultant from Image Consulting Business Institute(ICBI – Curriculum partner of Conselle Institute of Image Management), Certified trainer from National Accreditation Board for Education and Training(NABET), Certified trainer from Scottish Qualifications Authority for soft skills.

I specialize in the both image and non-image consulting and training. You can choose from the list below.

Image

- Art and Science of Creating a First Impression
- Clothes Power
- Art in Every Day Dress
- Lifestyle Clinic + Line
- Shape and Clinic
- Color and clinic
- Texture and Pattern
- Personal Style and Clinic
- Cluster your clothes
- Wardrobe Evaluation
- Closet organization and smart shopping
- Make-up, Grooming and Personal Hygiene
- Face Shape Evaluation and its impact on make-up & accessories
- "General Etiquette /Etiquette Ready(Including Dining Etiquette)"
- Vocal and Verbal Communication/Talk Right
- Body Language/Body Talk
- Defining Customer Care and customer service for HNI /Customer Service Ready
- Selling skills/Sales Ready
- Life Style Industry and Brand Awareness
- Interview Skills
- Writing, researching and blogging skills
- Basic Visual Merchandizing Awareness
- Mock- CNA and lifestyle evaluation
- Mock-Fit and fashion clinic

- Mock- Color evaluation
- Mock- Personal style evaluation
- Mock- Wardrobe evaluation and cluster
- Public Speaking and Presentation Skills/Public Speaking Ready Training and Delivery Skills/ Train the Trainer
- Writing Content, Objectives and Outcomes
- Training Need Analysis-How to Conduct TNAs & Designing Training Proposals
- Employing Energisers/Refreshers and Ice Breakers & Power Point Presentations - Why, Where and How
- Leadership skills/ Lead to Win
- Effective Team Management and Motivational Skills / Winning Together
- Transactional Analysis and Application in Training
- Goal Setting/Get Set Goal
- Negotiation Skills / Negotiation Ready
- Emotional Intelligence and Empathy / Intelligently Emotional
- Stress and Time Management / De-stress 25 Hours
- Interpersonal Skills/ People Skills
- Conflict Management/ Conflict Collaboration

Non-Image

Career Development

- Assertiveness And Self-Confidence
- Communication Skills
- Interpersonal Skills
- Negotiation Skills
- Personal Branding
- Telework
- Time Management
- Success Compass
- Interview Skills

Human Resources

- Train-The-Trainer
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Personal-Development

- Anger Management
 - Emotional Intelligence
 - Goal Setting and Getting Things Done
 - Increasing Your Happiness
 - Interview Skills
 - Public Speaking
 - Stress Management
 - Work-Life Balance
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Sales and Marketing

- Body Language Basics
 - Call Center Training
 - Employee Motivation
 - Overcoming Sales Objections
 - Presentation Skills
 - Transaction Analysis
 - Facilitation Skills
 - Team Building
 - Leadership & Influence
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Work Essentials

- Business Etiquette
- Conflict Resolution
- Customer Service
- Delivering Constructive Feedback
- Team Building For Managers
- Teamwork And Team Building